

Join us for: *Mindful Painting*

WEDNESDAYS 2:30-3:30 PM @ THE CCS
OFFERED FREE OF CHARGE FOR STUDENTS, FACULTY, AND STAFF

Spend a relaxing hour tapping into your creativity as we use acrylic paint on canvas.

- No previous painting experience required
- Please wear casual clothing, as acrylic paint will stain most fabrics.
- It is recommended that you bring an apron or paint smock to protect your clothing as you paint.



This study has been approved by the West Chester University Institutional Review Board, protocol IRB-FY24-156.

Study participants will be asked to voluntarily stay after one painting session for approximately 20 minutes to complete a survey.

Study participants will not receive compensation for completing the survey nor for participating in the study.

Voluntary participation in the study is not required in order to attend the painting sessions.

Register Here



700 South Church Street
West Chester, PA 19383
610.436.2200 • www.wcupa.edu/cs
ccs@wcupa.edu



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